

# 1 Download APP

O'care Body Composition Manager

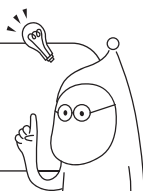


Android



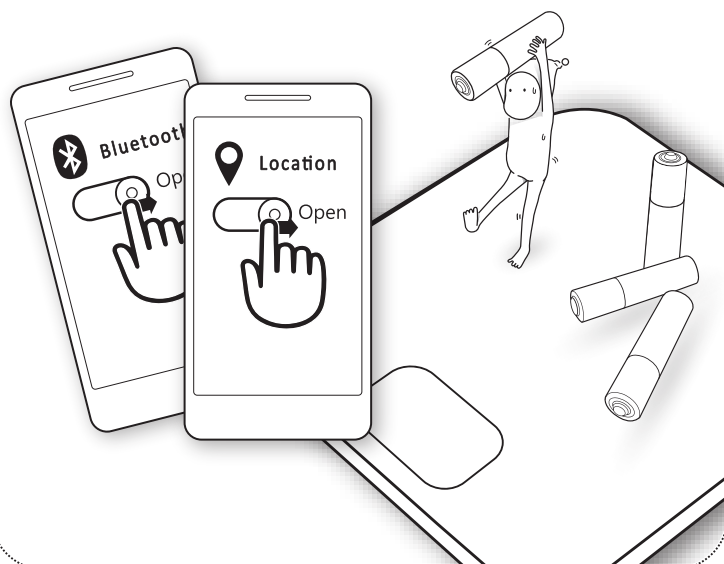
iOS

• Before conducting a measurement, please (1) create an account, or (2) login to the app if you already have an O'care account. Input your basic information to begin!



# 2

Insert batteries, and make sure **Bluetooth** and **Location** are both turned on



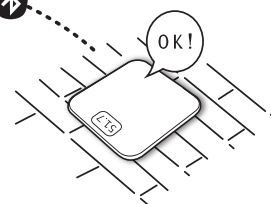
# 3 Open app, and step on scale for measurement



• If results cannot be sent to smartphone, please step off from scale, and try again. Please make sure Bluetooth and Location are turned on!

# 4

After measurement, results will be automatically synced to your smartphone



• Result outputs on the App will vary according to the model of your scale.

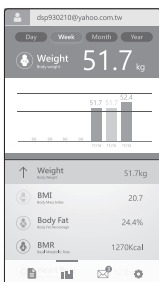


**Home** → Choose a result to view in detail on the main display.



Weight, BMI, and more!

**History** → View measurement history.



**Trend chart**

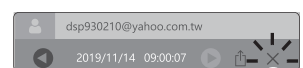
View trends using day, week, month, or year.

**Notifications** → Click here to view app notifications.

Measurement Date Toggle through results here.

Press the left and right arrows to see previous and next measurement result.

Press the "X" button to delete a measurement result.



**Settings** →

Select measurement unit, see FAQ, and switch accounts here.

To register a new different account, press "Account" -> "Add"